

Eat Clean: Wok Yourself To Health [Digital] By Ching-He Huang

By Ching-He Huang

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Ching-He Huang was born in Taiwan, where she loved the age-old recipes of her farmer grandparents, and later moved to South Africa at age five and Britain at age eleven.

<http://www.sainsburysebooks.co.uk/book/Eat-Clean-Wok-Yourself-to-Health-ChingHe-Huang/7952094>

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The hottest Chinese chef of the moment and known to her audience as 'Ching', Ching-He Huang, Eat Clean: Wok Yourself to Health for Harper Collins. Her

<http://www.chinghehuang.com/page/bio/>

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